

ANNUAL REPORT 2020/2021

SOUTH WEST ROCKS
SURF LIFE SAVING CLUB



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-BOARD OF DIRECTORS-

President - Rod McDonagh - 11 out of 12 meetings attended

Vice-President - Geoff Ball - 10 out of 12 meetings attended

Director of Administration - Vicki Thomas - 12 out of 12 meetings attended

Director of Finance - Alys Farley (resigned 18/12/20) 5 out of 12 meetings attended

Director of Lifesaving - Brienna Elford - 12 out of 12 meetings attended

Director of Junior Activities - Renee Smailes - 9 out of 12 meetings attended

Director of Surf Sports - Graham Jeffery - 7 out of 12 meetings attended

Director of Marketing - Grahame Ball - 11 out of 12 meetings attended

SWRSLSC ANNUAL GENERAL MEETING AGENDA

SUNDAY 1ST AUGUST 2021 - 3PM

Members are advised the meeting requires a quorum of 20% FINANCIAL VOTING MEMBERS. Members eligible to vote at the meeting are as follows: Active, Active Reserve, Long Service, Life Member, Award and Non Award Outgoing Board of Director/Management Committee.

1. Opening of meeting
2. Acknowledgement of Country
3. Minutes Silence
4. Apologies
5. Welcome from the President
6. Confirmation and Adoption of Minutes from the 2020 Annual General Meeting
7. Business arising from the minutes
8. Correspondence relevant only to the meeting
9. Presentation and adoption of the Annual Report + Financial Statements for 2020/2021
10. Election of Officers for the Season 2021/2022 (Public Officers, then Officers of the Club)
11. Appointment of Auditor
12. Adoption of Membership Fees for the 2021/2022 Season
13. Urgent General Business
 - a. Gym Rules
14. Close of Meeting

-SLSA SPONSORS-



-SLSNSW SPONSORS-



- SLSMNC SPONSORS-



SPONSORSHIP ANNOUNCEMENT

*Thank
you!*

Due to the COVID pandemic Sponsorship was not actively sought in 2020, noting the flow on effect of COVID to our local sponsors.

We would like to thank our Sponsors for “hanging in there” for the year and welcome them back for the next Season - new sponsors will be noted in the 2021/22 Annual Report.

Sponsors on the following pages are carried over from the 2019/2020 Season.

-SWRSLSC SPONSORS-



- SWRSLSC SPONSORS -



South West Rocks



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Trusted Legal Advisors since 1911



- THE SEASON THAT WAS -



- THE SEASON THAT WAS -



- THE SEASON THAT WAS -



PRESIDENT'S REPORT

The 101st season for the South West Rocks Surf Life Saving Club saw us achieve another great season in all aspects of our operations, as we continued to navigate the impacts of COVID-19. Our AGM saw all positions on the Board of Directors filled, with some fresh faces, bringing great ideas and enthusiasm to their portfolios. There have been some notable achievements, and we have strived to build stronger relationships within the community and provide facilities and pathways for our members.

The active membership remained steady which allowed our patrols to operate efficiently and effectively. With sixty patrolling members we were able to provide 2300 hours of volunteer patrols on the beach. With a higher than normal beach attendance and many being first time visitors to the area kept our hard working patrolling members on their toes.

Our Call Out team and local Duty Officers were kept busy with a higher than normal out of patrol hour call-outs. We had four of our members start their RWC (jetski) training to become members of the SLSMNC Support Operations Team. There was a major search which spanned over five days for a missing spear fisherman off Laggery Point at Trial Bay. This search included members from almost all clubs within the Mid North Coast and was truly a team effort, unfortunately the man is still missing to this day.

SWRSLSC held the second Branch carnival in poor conditions, which saw some events cancelled. We also provided water safety for the annual Trial Bay Triathlon and First Aid for the Macleay Running Festival.

Our Mens Masters Surf Boat Crew showed some promising results in the North Coast Boat Series as well as at Aussies where they made the semi-final. Some other major carnivals for the surf boat fraternity were cancelled throughout the season. A Womens Masters Surf Boat Crew also emerged towards the end of the season competing in some local carnivals.

The Trainers, Assessors and Facilitators have been busy this season with awards being gained across most areas, especially in the IRB arena. Four IRB Crewies were awarded as well as three new IRB Drivers. Our three new drivers are the first female drivers in the club for a number of years - a very important milestone for the Club in what was the 40 Year Anniversary of active female lifesavers. Our Club needs more trainers and assessors to assist with the long hours that our current TAFs do. The education portfolio is a large and important one, that directly supports the skill development of our new and current members.

Congratulations to Ian 'Spook' Everingham who was named the SLSMNC 'Trainer of the Year' for this his 60th season of active patrols. He will now go up against the best Trainers in NSW for the State Award.

The Nippers did a great job with their Sunday morning sessions. We had reduced numbers this year, but this didn't stop the fantastic support from Renee and her team of Age Managers and Water Safety that were always there to lend a hand.

With the assistance of Kempsey Shire Council the rock sea wall was completed after a number of interruptions due to weather and then COVID-19. This works project was in the pipeline for almost twenty years and on its completion supports the area in front of the surf club from erosion, as well as providing a much safer access for beach goers. Thank-you to the Kempsey Shire Council for their support of this much needed project.

The Bar and Bistro has been trading steadily, with a very busy Christmas season. All governance requirements have been adhered to, including enforcing COVID-19 restrictions. Our new Club Manger, Alex Wilcox, has taken the reigns and is doing a sensational job, in what is currently an everchanging environment. Thank-you to Alex and her team on continuing to provide a great venue for both locals and visitors alike.

Investigations have begun regarding a new premises which will incorporate some of the original area of the clubhouse. The building is currently past its functional life with many aspects including storage and structural concerns. For us to remain sustainable and provide our community service we need to provide modern facilities for our members to perform their duties effectively. We also need to provide a space for the broader community and business streams to facilitate our core functions such as nippers, lifesaving, emergency response, member development, surf sports and a place for members and guests to enjoy our first class view.

Unfortunately we have had to postpone some events to later on in the year due to COVID-19 - the 50 Years Country Branches Reunion and the SLSNSW Sharkskin IRB Championships. We hope that both these important events will go ahead in the near future.

I would like to acknowledge the assistance and support from Surf Life Saving New South Wales, Surf Life Saving Mid North Coast, Federal MP Pat Conaghan, State MP Melinda Pavey and Kempsey Shire Council Mayor Liz Campbell. Our local sponsors and supporters have once again shown their loyalty to the Club even through the current uncertain times.

Thank-you to the Board of Directors and Management Committee who continue to put in many hours on top of their patrolling obligations.

I look forward to the 2021/22 season which will hopefully bring more stability in general across all aspects of surf lifesaving.

Yours in surf lifesaving,

Rod McDonagh

President

Life Member - SWRSLSC, SLSMNC, SLSNSW

DIRECTOR OF ADMINISTRATION

This past Season has been an interesting but challenging one, with many of us being a position to re-evaluate our priorities and working circumstances as a result of the circumstances arising from the COVID virus.

It is an apt time for us all to remember the importance of having volunteer lifesavers on our beaches, and what the goal and purpose of the South West Rocks Surf Life Saving Club is. Sitting in this position for the first time has highlighted to me how much work and effort goes on behind the scenes to provide the services we do - and the old adage "many hands make light work" rings very true. As you all sit here today and clearly have an interest and passion for the surf life saving movement I urge you all to consider putting your hands up for positions that remain vacant, creating extra loads for other roles. We need you!

Our membership numbers for the 2020/21 season were slightly lower than 2019/20 (197) with a total of 172: Active (18 years and up) - 40, Active (15-18 years) - 13, Life Members - 8, Associate - 48, Award Member - 3, Cadet (13-15 years) - 4, Community Member - 2, Honorary - 3, Junior (5-13 years) 43, Long Service - 6, Reserve Active - 2.

A huge thank-you goes to all our local sponsors who have hung in there with us: The Heritage Guest House, East Coast Freight Specialists, Shoey's Bakery, BKM Contracting, LJ Hooker, Coastline Credit Union, The Links, Salt, Macleay Valley Holiday Parks, Ball's Butchery, Pick of the Crop, SWR Marine and Auto, Ellison Signs, Macleay River District Fisherman's Co-op, Lou's Café, Macleay Argus, Seabreeze Beach Hotel, Chillati, Regional Bank, Haircraft and Sheridan Legal.

Thank-you to all members and supporters of their time and effort for this past season.

Yours in surf lifesaving,
Vicki Thomas

DIRECTOR OF LIFESAVING

The 2020/21 season once again showed the resilience and commitment from our members. The soaring visitor numbers kept our patrolling members busy across the entire season.

The active membership remained steady which allowed our patrols to operate efficiently and effectively. With sixty patrolling members we were able to put just over 2300 hours on the beach. During patrolling hours our six patrol teams performed six rescues, twenty-two first aid treatments and 589 preventative actions.

Thank-you to the Patrol Captains for their support this season. Sometimes a thankless role, our Patrol Captains do their best to ensure that we adhere to our Lifesaving Agreement requirements.

Our top patrolling members showed just how much effort our members put in on the beach - Stu Cole 84.25 hours, Rebecca Mitchell 81.25 hours, Paul Owens 74.5 hours, Dave Pearson - 74 hours, Rod McDonagh - 66 hours, Vicki Thomas - 66 hours, Mark Notley - 64 hours, Bobbie Brenton - 59 hours and Darren Love - 59 hours.

Our Call-Out Team and local Duty Officers were kept busy with a higher than normal out of patrol hour call-outs, due to the increase of first-time visitors to the area. There was a major search which spanned over five days for a missing spear fisherman off Lagers Point at Trial Bay. This search included members from almost all Clubs within the Mid North Coast and was truly a team effort, unfortunately the man is still missing to this day.

Our Education Team, under the guidance of Ian 'Spook' Everingham, showed commitment in delivering a wide range of awards, including: Surf Rescue Certificate x 1, Bronze Medallion x 3, Advanced Resuscitation Techniques x 13, First Aid Certificate x 3, IRB Crew x 4, Silver Medallion Beach Management x 1, Silver Medallion IRB Driver x 3 along with twenty-six Junior Education Awards.

Our members were awarded with many exceptional awards throughout the season for their ongoing volunteering in various aspects over many decades. Patrol Service Awards went to:

- Ian 'Spook' Everingham - 50 Years Service
- Craig Schweikert - 45 Years Service
- Rod McDonagh - 40 Years Service
- Tony Silvia - 30 Years Service
- Belinda Reid - 25 Years Service
- Grahame 'Sid' Jeffery - 10 Years Service
- Stu Cole, Erin Cook, Alys Farley, Micheal Hudson, Logan McEvoy, Damien Owens, Will Smith, James Stokes, Sonja Tayler - 5 Years Service

My first season in the role of Director of Lifesaving was certainly rewarding one, albeit with many challenges and learning curves along the way.

Thank-you to the Board of Directors for their hard work this season. Also thanks to Paul Rayner, SLSMNC Director of Lifesaving, who provided assistance and guidance for me during the season.

Yours in surf lifesaving,

Brienna Elford
Director of Lifesaving.

DIRECTOR OF MARKETING

2020/21 season for the South West Rocks SLSC has been a season for the history books.

With Covid 19 & restrictions in place it's been a challenging year for the South West Rocks SLSC but overall the club is looking good going forward in these uncertain times with Covid 19.

Sponsorship for this current season & next season is very strong with businesses supporting our Surf Life Savers with \$\$\$ Sponsorship & in-kind Sponsorship (donations) to help keep our beaches safe with up-to-date modern rescue equipment & training. Without this funding our club wouldn't be able to provide the services necessary to keep our members & community safe.

So again I ask members to support all our sponsors & thank them for their support.

Friday night raffles again have been going strong. This is a traditional fundraiser for the SWR SLSC & is great to see members & visitors having a meal & drinks while supporting the raffles & especially supporting a Life Saver!!

If you would like to donate prizes or help our volunteers on Friday night don't hesitate to ask our members. Bigger the raffles more money for our Life Savers.

Finally as this 2020/21 season comes to a close & now going forward I especially encourage all members & visitors to the South West Rocks SLSC support our club by being financial & using our great club to have a great meal or a cold beverage while looking over the best views in town.

With Covid 19 still present I encourage again support our local sponsors/businesses so we can all pull through this pandemic together & come through strong on the other side.

Looking towards a successful 2021-22 season

Yours in surf lifesaving,

Grahame Ball

Director of Marketing & Communications

DIRECTOR OF JUNIOR ACTIVITIES

We held two pre-season sign up days in September and a third in October. Numbers were stronger again than the last two seasons and continued to build right through till we commenced our Nippers after the October school holidays. We had to add extra pool proficiencies swims due to popular demand. Attendances at Nipper days were very good with about 85% turning up each Sunday. Unfortunately attendances at Carnivals is still low but at least it was better than last season so we can keep building on this momentum and encourage more Nippers (and families) to join in the fun and comradery of carnivals which also allows for skill development and competition opportunities. The weather also hindered carnivals this season but South West Rocks still had Nippers represented at all Branch Carnivals including Championships that occurred and for some it was in very tough conditions but they had a go and did us proud. County Championships at Kingscliff was cancelled this season due to Covid.

An Age Manager course was held at SWR before the season commenced, we had two members complete the course, both were non parent members of any nippers and this is an area that needs to be addressed, more families of Nipper children need to step up and take on some of the roles including Age Manager Positions. We cannot keep relying on others to fill the gaps parents leave. Age Managers and their children along with 2 other families allowed for the Sunday Nippers to be set up and ready by the time other families arrived. Thank you to the McLeod and Mackay families for your consistent support in setting up the beach each week and to Stu Cole for assisting every week with water safety. We were also lucky to have the support of local business each Sunday who provided encouragement vouchers for the Nippers - Chillati-gelato & sorbet and Lou's Café.

Covid once again hindered our ability to fundraise with any real consistency, we secured a Grant from the Kempsey Shire Council to purchase two new bigger fibreglass boards, and these will assist the older members as they had outgrown the boards we have. Thank you to Steve Smailes for spending many hours arranging the boards and delivery.

We continued completing cleaning, tidying and organising jobs that we started last season including the Nipper Board Room, The Nippers Room, and The Nipper Handbook.

The new website has a dedicated Nippers section as well which will continue to be built on. Kristy McLeod continues to do a great job taking photos every week and posting them to the Facebook page, we are utilising the Facebook page as our main way to promote Nippers and share information and it is looking good with all the photos! Thank you Kristy.

Macleay Nippers, is such an amazing program that allows for all our 3 small Macleay clubs to come together to learn from each other and provide our Nippers with additional competition, skills and comradery that they can take to Branch Carnivals to be more competitive with the other larger clubs. Unfortunately the weather saw only SWR hold the Macleay Nippers this season, Crescent Head and Hat Head's had to be cancelled due to rough weather. Both clubs are still wanting to continue this program next season and I would encourage that very much.

We had an excellent turn out for the rescheduled Nippers Presentation due to the Macleay flood event, the disco was a huge success, something to consider as a fundraising event during the school holidays! We enjoyed nibbles from the bistro, had Age Managers, Life Member Anne Pearce and Sponsors present awards to each age group . The major award winners were very deserving - Ruby McLeod - Kerry Fisher Memorial Award for Effort and Attitude - Katherine McKay - Competitor of the Year

There are so many people that we need to thank for their time, expertise, help and support:

- The Executive Committee
- The Old Farts
- General Committee Members
- Sponsors
- Age Managers
- Water Safety Supervisor and Water Safety
- Patrols on Sundays
- Nipper Families who assisted in any way
- Santa Steve Smailes

This role is very busy and takes a lot of time and effort, I really couldn't have done it without Steve Smailes and Belinda Telford-Miller as well, and while I may have the title of Director of Junior Activities they were right beside me helping out in every way not just on Sunday's but behind the scenes as well.

Thank you and let's keep building our Nippers so that the next generation of Surf Live Savers are the best prepared that they can be to keep our beaches safe. I will not be standing for the DOJA next season due to study commitments but I will still be around on Sundays to help out and Age Manage and support the next DOJA.

Yours in surf lifesaving,
Renee Smailes

APPENDIX 1 - MINUTES 2020 AGM

SOUTH WEST ROCKS SURF LIFE SAVING CLUB

ANNUAL GENERAL MEETING MINUTES

SATURDAY 5TH SEPTEMBER 2020 - 3.00PM

MEETING VENUE - SWRSLSC CLUBHOUSE

1. MEETING OPENED

- Minutes kept by Brienna Elford
- By Rod McDonagh at 4.01pm
- Acknowledgement of Country
- Minutes silence
- ATTENDANCE - Olivia Bailey, Billy Ball, Geoffery Ball, Grahame Ball, Bruce Caldwell (Life Governor), Brienna Elford, Ian Everingham, Alys Farley, Tony Hayes OAM (Life Governor), Max Ingram, Rod McDonagh (Life Member), Logan McEvoy, Josh McLaren, Paul Owens, Andrew Packwood, Anne Pearce (Life Member), Dave Pearson, Jenni Silvia, Tony Silvia, Renee Smailes, Steve Smailes, Vicki Thomas, Ros Caldwell (guest), Marie Ingram (guest), Grant Coleman (guest), Jack Ball (junior member)
- APOLOGIES - Mick Adams (Life Member), Stephen Hayes, Dan Wade (Wrights Accountants), Graham Jeffery,

Moved: Ian Everingham Secoded: Anne Pearce

- Correspondence relevant to the meeting - NIL
- Minutes from 2018/2019 AGM to be adopted

Moved: Steve Smailes Secoded Ian Everingham

2. DIRECTOR REPORTS

President - Rod McDonagh

- The President spoke on his report
- Tony Hayes OAM spoke and thanked all members of the committee and members

Moved: Rod McDonagh Secoded: Tony Hayes

Director of Administration - Brienna Elford

- The Director of Administration spoke on her report

Director of Finance - Alys Farley

- The Director of Finance spoke on her report

Director of Marketing – Grahame Ball

- *The Director of Marketing spoke on his report*

Director of Junior Activities – Renee Smailes

- *The Director of Junior Activities spoke on her report*
- *Chief Training Officer – Ian Everingham*
- *The Chief Training Officer spoke on his report*

Life Governors – Tony Hayes OAM and Bruce Caldwell

Thanked all committee members for a great season. He encouraged all members to help one another and continue to work together.

Motion: All director reports for the 2019/20 season be adopted.

Moved: Andrew Packwood ***Seconded:*** Anne Pearce

Motion: The financial report for the 2019/20 season be adopted.

Moved: Steve Smailes ***Seconded:*** Bruce Caldwell

3. ELECTION OF BOARD OF DIRECTORS

The President declared all positions vacant.

President

One written nomination was received:

Rod McDonagh

Vice-President

One written nomination was received:

Geoff Ball

Director of Administration

One written nomination was received:

Vicki Thomas

Director of Finance

One written nomination was received:

Alys Farley

Director of Lifesaving

One written nomination was received:

Brienna Elford

Director of Marketing

One written nomination was received:

Grahame Ball

Director of Surf Sports

One written nomination was received:

Graham Jeffery

Director of Junior Activities

One written nomination was received:

Renee Smailes

4. APPOINTMENT OF AUDITOR

Motion: To appoint Wrights Accountants as the SWRSLSC auditor for the 2020 financial year.

Moved: Alys Farley ***Seconded:*** Tony Hayes

5. APPOINTMENT OF PATRONS

Mayor of Kempsey Shire Council - Liz Campbell

Oxley State Member for Parliament - Melinda Pavey

Cowper Federal Member for Parliament - Pat Conaghan

Motion: To appoint Liz Campbell, Melinda Pavey and Pat Conaghan as patrons of the SWRSLSC for the 2020/21 season.

Moved: Tony Hayes OAM ***Seconded:*** Josh McLaren

6. ELECTION OFFICE BEARERS

Motion: To elect office bearers from the floor, as per the constitution.

Moved: Alys Farley Seconded: Grahame Ball

First Aid Officer

Olivia Bailey

Nominated by Alys Farley

IRB Captain

Logan McEvoy and Josh McLaren

Nominated by Grahame Ball

Surf Boat Captain

Paul Owens

Nominated by Anne Pearce

7. ADOPTION OF MEMBERSHIP FEES FOR THE 2020/21 SEASON

Motion: To adopt the following as the membership fees for the 2020/21 season

Active Members - \$60 (including junior activity members, associate members, long service members, reserve active members)

Gym Members - \$50 (on top of \$60 membership fee)

Family Membership - \$200 (for two adults and two or more children)

Moved: Steve Smailes Seconded: Anne Pearce

8. GENERAL BUSINESS

- Bruce Caldwell - Asked if more experienced members were able to assist with point score and training.
- Jenni Silvia - Asked if dates for proficiencies had been set yet.
- Alys Farley - Discussed the importance of memberships to be paid online

MEETING CLOSED

Meeting Closed at 4.46pm

Appendix 2 - Gym Rules

ESTABLISHED 1919

President: Rod McDonagh

Secretary: Vicki Thomas

PO BOX 100
SOUTH WEST ROCKS
NSW 2431

T. 02 65 666 590

E. administration@swrslsc.com.au

www.swrslsc.com.au

ABN: 43 527 538 956



2020 / 2021 Season Gym Member Notice

You should have all by now completed the online and free NSW Government COVID-19 Awareness for Gyms training [COVID-19 guidance for gyms \(nsw.gov.au\)](https://www.nsw.gov.au/covid-19-guidance-for-gyms) and are fully aware of the importance of Hygiene and Cleaning of the Gymnasium area for the purposes of our COVID-19 Safety Plan.

There have now been several warnings issued to all Gym Users regarding the cleaning roster and lack of compliance, with the last warning issued by SMS from Brienna Elford on behalf of Mark Notley on 12 June 2021. This was an attempt to improve the current situation and place a fair responsibility on all gym users, particularly during the COVID period.

Since that time the gym has only been cleaned once, resulting in the matter being escalated to the Board for direction and action.

A recommendation has been put forward to remove the current subsidy available to patrolling members as it will be necessary to secure the services of a cleaner once a week. This will mean that the annual membership for all active members will increase to \$250 per annum (still less than \$5 per week.)

This motion will be put to the Annual General Meeting (AGM) on 1 August 2021, where voting members in attendance will be asked to vote on the motion. If you wish to dispute this motion it is strongly recommended you attend the AGM. A change of behaviour would also be strongly recommended if current privileges are to be supported.

The Committee has acted in good faith for many years to maintain a healthy environment and provide new equipment in the gym, with all of these costs being borne by the Club. Unfortunately this is no longer sustainable due to lack of action by some gym users.

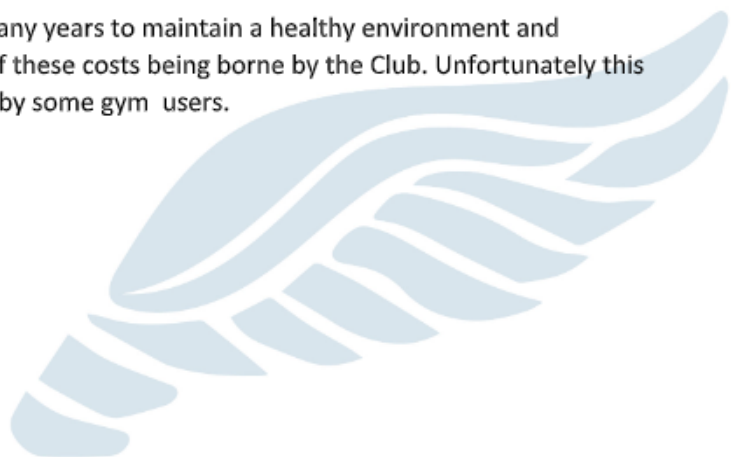
Yours in Life Saving

A handwritten signature in blue ink, appearing to read 'Rod McDonagh', is positioned above the printed name.

Rod McDonagh

President

South West Rocks Surf Life Saving Club





SOUTH WEST ROCKS SURF LIFE SAVING CLUB

Gymnasium Rules

The gymnasium is a combined project between the South West Rocks Surf Life Saving Club and the South West Rocks RSL Sub-Branch.

The gymnasium is not a facility for the general public and the following rules must be adhered to:

MEMBERSHIP

Gym fees as adopted by at the Annual General Meeting on 1/8/2021:-

- Gymnasium fee annual: \$250
- Only current active financial members of SWRSLSC can enter the gym – DO NOT invite any non-club members into the clubhouse to use the facilities. Non-members are not covered by insurance. This will be monitored and policed. Offenders will have their access to the gym denied.
- All gym members must have undergone an induction from the Gym Coordinator.
- All gym members must sign the attendance book on entry.
- Scheduled classes take preference over all other use.

EQUIPMENT

- All equipment is to be returned to its allocated storage space after use.
- All equipment is to be cleaned and sanitised after use with products provided.
- Members are required to place a towel on benches when using equipment.
- Members who notice any broken or damaged equipment should notify the Gym Coordinator immediately.

SAFETY

- All members will comply with the COVID requirements displayed at entry, including any check in requirements.
- The gym is a SAND, GLASS, FOOD, SMOKING, CHILDREN, PET free area.
- No member is to be under the influence of alcohol or drugs whilst using the gym.
- Members must wear the correct gym apparel which includes -t-shirt/singlet, covered footwear, and shorts/tights. Members are not allowed to enter the gym in their swimmers or thongs. Any jewelry that may be possible to injure a user, including rings and necklaces, is not permitted. Small earrings and items that cannot inhibit or injure a user are permitted.
- Members who obtain an injury in the gym must notify the Gym Coordinator immediately.
- If you are on your own, or the last person in the gym, switch off all lights and fans, close the windows and lock the door.
- If you are participating in a group class, you must inform the instructor of any health conditions which may limit your ability to participate in some activities.

SWRSLSC Rules - Gymnasium
Developed - September 2020
Reviewed 1 August 2021



SOUTH WEST ROCKS SURF LIFE SAVING CLUB

Gym Membership Form

Member Details	
Full Name:	Date of Birth:
Address:	
Mobile:	Email:
Next of Kin Details	
Full Name:	Mobile:

TERMS AND CONDITIONS OF USE

I acknowledge that this agreement is legally binding, and I have read all the Terms and Conditions outlined below.

1. I waive all claims or causes of action which I might otherwise have arising out of loss of life or injury, damage, or any other loss, which I may suffer in the course of or consequent upon my entry or participation in any activities within the clubhouse.
2. This waiver, release and discharge shall operate separately in favour of any person involved in the ownership and/or operation of the Gymnasium. The waiver shall operate whether or not the loss, injury or damage is attributable to the act or neglect of any one or more of such persons.
3. I acknowledge that I will comply with any reasonable direction of the Board of Directors and/or Gym Coordinator in relation to: entry and exit to and from the clubhouse, the use of the facilities and equipment in the gymnasium, my behaviour and conduct whilst on the premises.
4. I acknowledge that I have sole responsibility for my personal possessions and athletic equipment whilst at the Gymnasium or during its related activities.
5. I consent to receive medical treatment which may be deemed advisable in the event of injury, accident and/or illness whilst on the premises. It is suggested that all persons seek medical advice and obtain a medical clearance prior to engaging in physical exercise.
6. I am aware that the use of the gymnasium and its facilities may involve strenuous activity that can be physically demanding, and that exercise and the equipment used is potentially dangerous.
7. I agree that I am in a good state of health and I am medically fit to use the gymnasium facilities and there is no medical reason to prevent me from proceeding with the use of the gymnasium facilities without endangering my health.
8. I agree to conduct myself in an orderly and proper manner and not engage in conduct, which could cause harm, create a hazard or nuisance to other members.
9. I have undertaken an orientation tour of the gymnasium and acknowledge that at times there is no instruction and/or supervision provided by club officials.
10. I hereby assume all risks associated with the use of the clubhouse and facilities.

Terms and Conditions		
I acknowledge that I have read the SWRSLSC Gymnasium 'Terms and Conditions for the use of the Club Gymnasium' and agree to be bound by those Terms and Conditions		
Member:	Signed:	Date:
Witness:	Signed:	Date:
Guardian:	Signed:	Date:

SWRSLSC Rules - Gymnasium
Developed - September 2020
Reviewed 1 August 2021

Appendix 3 - Financial Statements